## Monday Conversations for Queer Couples

## **NEW GROUP STARTING ON SEPTEMBER 13<sup>TH</sup>**

This 6-week group is designed for queer couples who want to explore their own relationships and their connections to other individuals with similar identities. The group will provide affirmation, support, insight on blind spots, and challenge couples to reach their potential.

This group will meet in Manhattan (26<sup>th</sup> Street between Sixth & Seventh Avenues) on Mondays at 6 pm. The couples will focus on the following and other questions:

- What is the connection between desire and relationship?
- How do we find comfort, companionship, and satisfaction?
- How can we balance love and desire, stability and adventure?
- What relational structure would work better for us?
- How can we relate to others with integrity, honesty, and assertiveness?

The group is limited to 4 couples; therefore, early registration is advised. The cost is \$60 per couple per session, paid in 3 installments of \$120 (Sept 3, Sept 17, and October 1st). A short remote intake, free of charge, is required.

Facilitator: William Morán-Berberena, BA, MSW

Relationship Coach

## MIND & BODY WELLNESS SERVICES

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